

West Wight Wheelers Social Rides

Please note members are encouraged to wear a helmet on all rides and arrange their own third party liability insurance.

Where necessary, to avoid congestion club rides will be divided into groups of no more than eight mixed-ability members with a designated leader and leaving on the pre-arranged route at approx. 5 min intervals

The Code of the Road

1. Ride two abreast maximum, and single file where conditions dictate.
2. Plan manoeuvres to minimise disruption to other riders/traffic and avoid sudden braking or overlapping the wheel of the rider in front . Ride within your braking capability, hand signal if stopping or slowing unexpectedly, and be vigilant at all times.
3. Anticipate problems, clearly point out hazards such as potholes, and warn of approaching traffic by calling 'car up/back'.
4. Set a pace to suit slower riders (the clue's in the word Social...) and respond positively to reasonable requests or instructions.
5. Allow the group to reform if necessary and check regularly that no one has been dropped, but don't gather too close to junctions or where traffic will be impeded.
6. Use a rear mudguard in bad weather
7. Carry appropriate puncture kit and check that your bike, and yourself are ride-fit beforehand.
8. Carry your ID and emergency contacts where they can be readily found, e.g. wristband, wallet, phone case. Know some basic first aid.

Above all – relax and enjoy

